



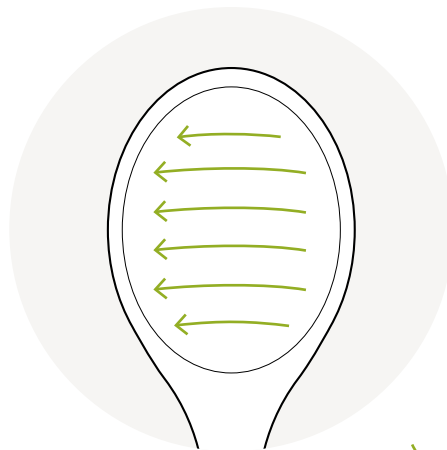
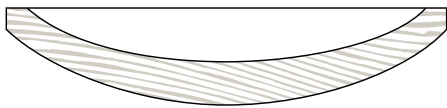
# SPOON KNIFE TECHNIQUES

## #1 The Rim

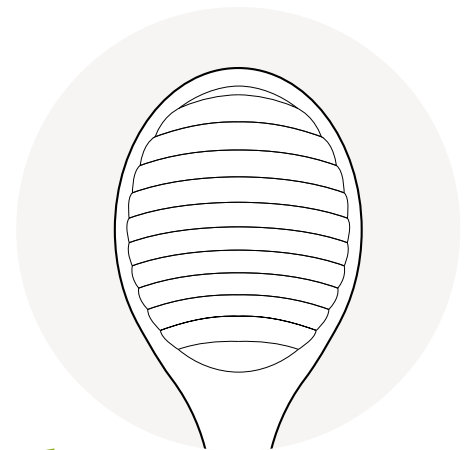


## Hollowing out the Bowl

Cross section we're aiming for



horizontal sweeps  
'roughing out'



grooves left in bowl

Depending on the radius of the spoon knife you'll always get a certain number of furrows.

These are most noticeable on the rim and can be removed by taking longer shavings around the rim.

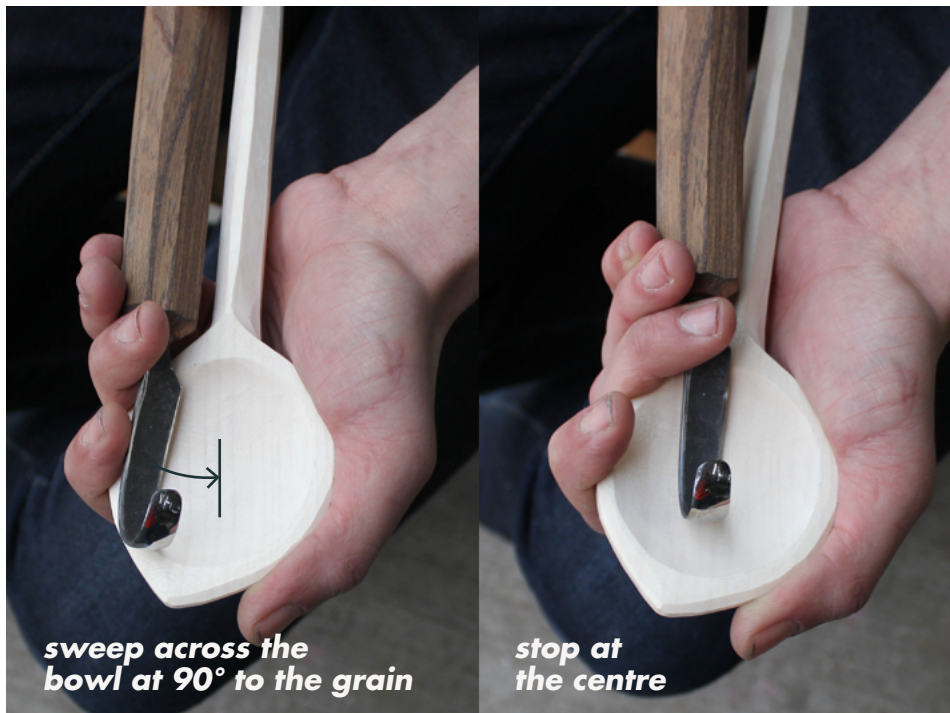
## Smoothing the Bowl

### Ice Cream Scoop

Holding the knife as per the Reinforced Pull Stroke but you don't pivot the handle of the knife around, rather rotate the spoon in your left hand around the knife blade like an ice cream scoop.

This grip is great because it allows you to use the flatter part of the spoon knife to create a smoother surface on the bottom of the bowl.

It's important to stop at the centre of the bowl so as not to follow through into your hand.



## Refine the Rim

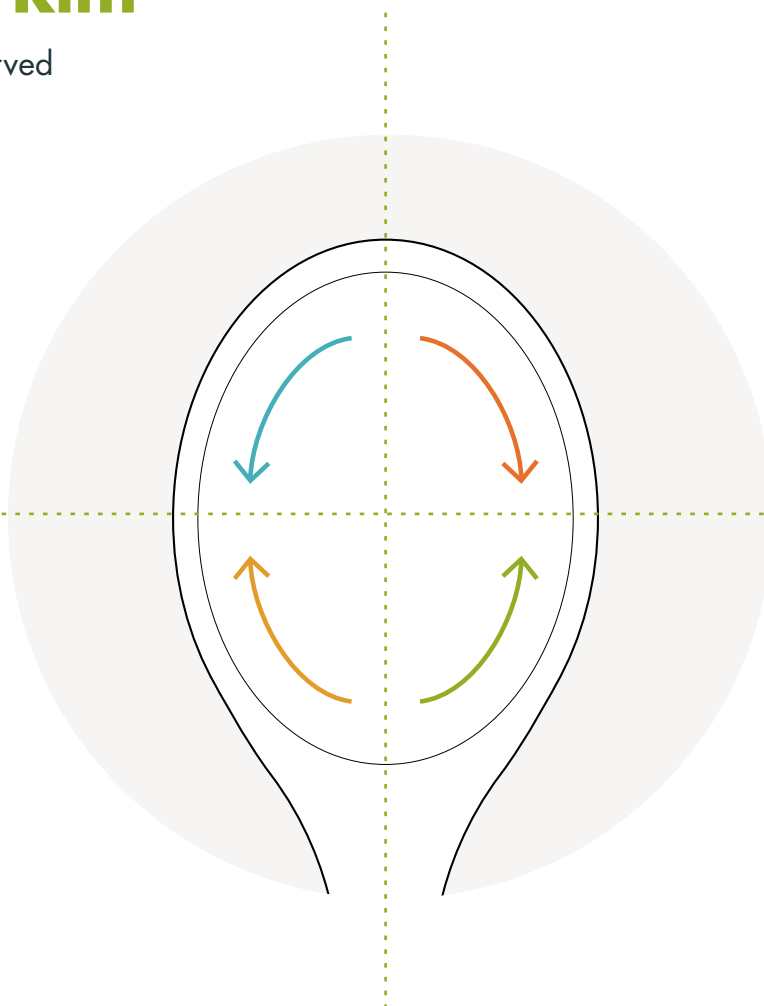
Remove grooves with curved finishing cuts

**Reinforced Pull Stroke**  
(on the chest)

**Thumb Pull**  
(on thigh)

**Thumb Push**

**Reinforced Pull Stroke**





## Finishing cuts

### Thumb Push

Holding the spoon knife in your left hand, using the thumb holding the spoon, push on the back of the blade.



### Thumb Pull (on thigh)

Hold the knife right up at the blade making sure your thumb is fully tucked behind the spoon. You may find it easiest to rest our thumb on our knee so that it's supported behind the spoon.





## Reinforced Pull Stroke (on the chest)

With your index finger on tip of spoon, and your thumb hidden behind the bowl, (this is important as the knife sometimes slips over the rim). Your fingers become the pivot. Using the full length of the handle gives you leverage and control. You can gently work around the rim.



## Reinforced Pull Stroke

Using the same grip for the opposite corner, with the spoon bowl flat in your hand, rested on your thigh. Brace the end of the spoon handle against your knee. Make sure the heel of your palm is hidden behind the spoon in case the knife slips over the rim.

